

*This public awareness campaign, "We Hear You," tells short, meaningful stories featuring individuals from different backgrounds. Each is feeling alone and overwhelmed until they contact 988, a lifeline for people in mental health distress.*

**DIRECTIONS FOR ROLES:**

**BILINGUAL ENGLISH/SPANISH VO-** read all lines for both scripts; tones for Monologue are feeling alone and overwhelmed; tones for Narrator are dynamic, captivating and sophisticated

**SPANISH VO-** read all of the Spanish script only; tones for Monologue are feeling alone and overwhelmed; tones for Narrator are dynamic, captivating and sophisticated

**ENGLISH VO-** read all of the ENGLISH script; sound is youthful with regional dialects (native Spanish speakers, AAVE, etc); tones for Monologue are feeling alone and overwhelmed; tones for Narrator are dynamic, captivating and sophisticated

**YOUTH BLACK/LATINA RADIO :30**

<b>V/O</b>
<b>(ACTOR/INTERNAL MONOLOGUE)</b> It's like I'm always stressed out
My mind never stops. I'm up all night. I just want to feel ok again
Who can I talk to when my friends are asleep?
<b>(NARRATOR)</b> When the silence gets too loud...We hear you.
Call, text, or chat 9-8-8 for emotional support and crisis services. It's free, confidential, and here for you 24/7.
Brought to you by the New York State Office of Mental Health.

**YOUTH BLACK/LATINA RADIO :30**

**Spanish**

<b>V/O</b>
<b>(ACTOR/INTERNAL MONOLOGUE)</b> Es como si siempre estuviera estresado
Mi mente nunca se detiene. Estoy despierto toda la noche. Solo quiero sentirme bien otra vez
¿Con quién puedo hablar cuando mis amigos están dormidos?
<b>(NARRATOR)</b> Cuando el silencio se vuelve demasiado fuerte...Te escuchamos.
Llame, envíe mensajes de texto o chatee al 9-8-8 para obtener apoyo emocional y servicios de crisis. Es gratis, confidencial y está disponible para usted las 24 horas del día, los 7 días de la semana.
Presentado por la Oficina de Salud Mental del Estado de Nueva York.