

## SLATE INSTRUCTIONS:

---



1. Film in landscape mode as shown in this photo above.
2. Dress is polished casual. Make-up and hair is natural and neat.
3. Make sure you are close to the device to capture good audio and we can see your face in the frame (framing is from top of the head to chest).
4. You should be well lit and against a simple background with no background noise.
5. Slate the following:
  - Name, pronouns, agency, height, location base
  - Project: CBT4CBT DRUG REFRESH
  - Role name(s)

- Indicate your availability for the following dates:
- May 15, 16, 17, 18 or May 22, 23, 24, 25

6. Full body pic (framed from top of head to toe)

7. Attach your current headshot, updated resume and reels/  
clips

## **SELF-TAPE INSTRUCTIONS:**

### **Film part 1 (3 scenarios) and part 2**

#### **AUDITION PART 1**

**SCENE: ANNA** wants to stop using drugs but lives with her boyfriend, **TONY**, who doesn't have the same goals. While she works hard to stay away from drugs, **TONY** still uses regularly. ***ANNA has 3 different ways she responds to TONY'S suggestion to get high; aggressive, passive, and assertive.***

#### **SCENARIO 1: AGGRESSIVE**

**TONY:**

Hey, you wanna take a hit?

**ANNA:**

[Voice continues to escalate, agitated] You are such an asshole! Stop trying to get me to use. And get a fucking job!

**TONY:**

[Clearly getting defensive] I'm an asshole?! Look at yourself in the mirror, I'm not the source of your problems. You are!

## **SCENARIO 2: PASSIVE**

**TONY:**

Hey, uh, do you want to take a hit. I can go get it in the other room. You could really use it, it seems. OK, I'll go get it.

**ANNA:**

[Looking down, trying to ignoring TONY, meek, waiting for TONY to leave] TONY, please. No, I shouldn't...

## **SCENARIO 3: ASSERTIVE**

**TONY:**

Hey, uh, you wanna take a hit?

**ANNA:**

[Calm and looking TONY in the eye] TONY, stop trying to get me to use.

**TONY:**

You need to relax though. No offense, but you are pretty bitchy.

**ANNA:**

[Calm, looking in the eye, clearly stating what she needs] I do need to relax. But getting high isn't the answer. I don't want to use.

**TONY:**

Yah? Then what is?

**ANNA:**

[With confidence] Good question. Want to help me try and figure that out?

## **AUDITION PART 2**

**SCENE:** ANNA is with her COUNSELOR at his office. She is working hard to stay away from using drugs, but her boyfriend, TONY, who lives WITH her, hasn't been supportive. ANNA confides in her friend, Maria, about ways to deal with TONY and his continued invitations to use with him. ANNA is exhausted, uncertain, and not confident at times, but she is working hard to find positive ways of managing difficulties without using drugs.

**COUNSELOR:**

Last time we met, we started to talk about some ways to problem-solve how you were going to talk handle your situation with TONY. You were upset about him continuing to bring drugs into the house and asking you to use with him.

**ANNA:**

Yes. I talked through a bunch of different ideas with Maria, on how to deal with this. And the best solution I came up with was to talk to TONY about not having drugs in our home. I can't be around drugs when I am in my own home. I put off talking to him for awhile. I was afraid he might just walk out and never come back. But, I finally talked to him.

**COUNSELOR:**

How did he take it?

**ANNA:**

He got angry. Like, how could I tell him what to do, it is his home too. So, I went to Maria's. He didn't call the following day. I was worried, but then he finally called me that night. I told him things have to change. He agreed to not bring drugs into the house or use there. I think it hit him, me leaving.

**COUNSELOR:**

Wow. It sounds like you are really standing up for yourself.

**ANNA:**

You know, it's not just him using, but also spending our money on drugs. If TONY and I are going to stay together, I need to be

clear about money. I'm going to make a budget for rent, food, utilities, things like that. Not drugs. It will help us both see how we spend our money.

**COUNSELOR:**

That sounds like a great plan. You certainly have a lot going on. How have things been going with your craving?

**ANNA:**

It's been hard. And, the urge to use has been strong. I know it's supposed to get better. But, I don't feel like that right now. I'm so tired.

**END SCENE**