

Video, graphics, sound	VO/Script
Man sitting at the counter in a diner enjoying his last sip of coffee as he pushes back his plate.	Wow, I can't eat like that every day. Everything in moderation, right?
Man pushes back from the counter and opens his wallet to reveal family picture as he fans through the money in his billfold.	It can be like that with gambling too, which is why I had to take a break.
He examines his check and starts to get up from his seat; gesturing to someone that he's done and waving as he continues speaking...	Ya know it got to the point where it felt like I was losing control of, everything – my health, my relationships, my finances.
Man stops at register to pay and picks up a couple of cookies on his way out the door.	So I took a step back and excluded myself from gambling for a year.
Man walks across parking lot to his car, talking over his shoulder into the camera as he reaches into his pocket for his car keys.	You can sign yourself out for 1, 3 or 5 years...or even a lifetime. I chose what worked for me.
Man starts car, puts sunglasses on and looks at the rear-view mirror as his image morphs into lock-up with NY.Gov URL. Man's voice continues....	If gambling has you feeling like you're in over your head, check out New York's Voluntary Self-Exclusion. You'll see...it feels <i>good</i> to be back in the driver's seat.
Sound of car driving away.	